Eastern Washington University Physical Education, Health and Recreation Department

RCLS 201-01: Recreation and Leisure in Modern Society Spring 2015

A question to ponder: Is leisure the basis of society?

Course Information

Instructor: Jeremy Schultz, PhD Credits: 3

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Class meets: MWR, 10:00-10:50 am Location: PEC 104

Course Description

This course explores the role that recreation and leisure plays in society and in your individual life today. Together, we study the conceptual foundations and the significant functions of play, recreation, and leisure, along with the history, theory, and new research findings in contemporary leisure. Personal needs, habits, and life goals are explored in relationship to quality of life along with future trends influencing society and the environment. In our textbook, leisure is presented as a human phenomenon that is individual and collective, vital and frivolous, historical and contemporary, good and bad. The course ends with discussion of job possibilities, professional preparation, and ethical standards for the practitioner regarding diverse populations and programs of recreation and leisure in today's society.

Instructional Methods and Materials

Lecture, PowerPoint, Discussion, Small Group Work, Micro Teaching, Cooperative Learning, Activities, Role Playing, Field Experiences, Online Participation, Community Engagement

Text

Russell, R. (2013). Pastimes: The Context of Contemporary Leisure (5th ed.). Sagamore: Urbana, IL.

Note: Additional reading materials will be distributed in class or online. It is essential that students read all assigned material for class. Even if not explicitly discussed, lectures, discussion, and class exercises may assume student knowledge of the reading material. The instructor reserves the right to give "no-notice" quizzes on all reading materials (reading matters).

Learning Outcomes

- 1. Learn of the theory, scope, environmental, and economic impact of the entire leisure services field globally through case studies and research (7.01.01).
- 2. To gain entry-level knowledge in historical, scientific, and philosophical foundations. (7.01.02)
- 3. Explore personal needs, habits, and life goals through worksheets and activities, which could be implemented with future constituents.
- 4. Recognize basic facts, concepts, and principles guiding the provision of recreation programs (7.03.01).
- 5. To become aware of the many professional and ethical standards associated with diverse populations and programs in recreation.

Course Procedures and Policies

Participation:

This course demands a high level of class discussion and active participation. This course is designed around the assumption that people learn best and help others learn when they participate. Participation includes coming to class to share thoughts and perspectives, as well as taking notes and being an engaged listener. It also includes participation through technology-based formats such as **Canvas**™ (http://canvas.ewu.edu/). The more each student participates, the better this class will be. One of the best features of this class is the open exchange of ideas concerning our materials. Attendance and participation in this class is therefore considered mandatory. The instructor reserves the right to give unannounced quizzes if he believes the homework reading is not being done. Please do your homework and participate in class and on **Canvas**™. Participation points will be deducted for non-participation. Regarding the use of cell phones in class: PLEASE DON'T USE THEM.

Attendance:

Attendance and participation are important for the success of this class. After 2 absences, students will lose 10 points per absence of their attendance and participation grade. If you miss more than 6 days for any unexcused reason, you will need to retake the course. Please do not call me to indicate that you might miss a class. Attendance means that you are in class for the entire class, late arrival or early departures break up the flow of the class and are not fair to your peers. If you miss class, it is your responsibility to get notes and information you missed from other students in the class.

Grading and Evaluation Procedures:

Criteria for evaluation in this class include ordinary standards of good writing (clear expression; accurate punctuation, grammar, and spelling; well organized) and meeting specifications of individual assignments. Assignments must be handed in on or before announced deadlines. Assignments must be typed (12 point font) and

double-spaced. Late assignments will not be accepted. All required assignments must be completed to earn a course grade of 2.5 or higher.

Grades will be assigned according to normal university standards, (which includes an assumption of basic literacy in English)

95%	4.0	86%	3.3	77%	2.7	68%	1.9
94%	3.9	85%	3.2	76%	2.6	67%	1.8
93%	3.8	84%	3.1	75%	2.5	66%	1.7
92%	3.8	83%	3.1	74%	2.5	65%	1.6
91%	3.7	82%	3.0	73%	2.4	64%	1.5
90%	3.6	81%	3.0	72%	2.3	63%	1.4
89%	3.5	80%	2.9	71%	2.2	62%	1.3
88%	3.4	79%	2.8	70%	2.1	61%	1.2
87%	3.4	78%	2.8	69%	2.0	60%	1.1

Final grades will be assigned according to the following breakdown:

Assignment	Points
Participation/Attendance	50 pts.
Random Assignments	50 pts.
Presentation	50 pts.
Canvas Discussion Postings	50 pts.
Exams (2 @ 100 pts.)	200 pts.
	400 total pts.

Assignments

All assignments are due on the dates AND times specified. Late assignments **are not** accepted. If a "special circumstance" arises related to the timely delivery of an assignment, please speak to the instructor **prior to due date**. Refer to Canvas ™ regularly to stay on top of due dates.

- Participation/Attendance (50 pts.): Attendance is mandatory for this class. Class participation is what drives this class. Feel free to respectfully contribute up at any time.
- Random Assignments (50 pts.): Random assignments will also be assigned throughout the quarter. It is your responsibility to be aware of all random assignments and when they are due. There will also be random assignments completed in class at times.
- **Presentation (50 pts.):** Students will complete research on a topic of their choice. The research information will be presented in PowerPoint or Prezi to

the class, unless previously approved by the instructor. The specific requirements for this assignment will be handed out separately.

- Canvas Discussion Postings (50 pts.): Students will have the opportunity to earn points though individual input, inquiries, and discussion in examining selected topics via the RCLS 201 Canvas Discussion Board. Discussion questions will be provided for each topic in this course in an effort to facilitate open discussion. These assignments are due the Thursday at midnight of the week assigned, unless otherwise noted. Each student will be expected to formulate a response to the original topic, AND respond to 2 other discussion posts from other classmates. All three posts (original post plus 2 responses) will contribute to your final score for each discussion topic.
 - 1. Introductions
 - 2. Contesting Homelessness
 - 3. Technology
 - 4. Walking
 - 5. Production, Production

Canvas TM

This course is supported by a website on EWU's Canvas[™] server (http://canvas.ewu.edu/).

Academic Integrity

- 1) Violations of academic integrity will not be tolerated. Examples of academic dishonesty include misrepresenting others' work as your own, failure to provide proper citations in written text, stealing or destroying material intended for the use of other students, using notes or cell phones during exams, taking photographs of exams, assisting others during exams, copying someone else's work, letting his or her work be copied. Any violation of academic integrity for any assignment in this class may result in an XF grade for the course as a whole. An XF grade indicates that you failed the course for violating EWU's policy on academic integrity. For additional information regarding this issue, refer to the following link http://access.ewu.edu/Undergraduate-Studies/Curriculum-and-Policies/Academic-Integrity.xml.
- 2) Any form of academic dishonesty will be documented and reported to the Vice Provost for Undergraduate Affairs. A student who cheats on a test, quiz or homework assignment (copying someone else's work, letting his or her work be copied, talking or sharing a calculator during an exam and other forms of cheating) will receive a zero on the assignment or assessment. Another incidence of cheating may result in a grade of XF for the quarter. (XF on a transcript indicates that a student received a o.o because he or she cheated.) For additional

information regarding this issue, refer to the following link http://access.ewu.edu/Undergraduate-Studies/Curriculum-and-Policies/Academic-Integrity.xml.

- 3) EWU expects the highest standards of academic integrity of its students. Academic honesty is the foundation for a fair and supportive learning environment for all students. Personal responsibility for academic performance is essential for equitable assessment of student accomplishments. The university supports the faculty in setting and maintaining standards of academic integrity. Charges of academic dishonesty are reviewed through a process that allows for student learning and impartial review. EWU's academic integrity policy is available online at: http://access.ewu.edu/Undergraduate-Studies/Curriculum-and-Policies/Academic-Integrity.xml
- 4) Statement on plagiarism and academic fraud: Broadly speaking, plagiarism occurs when an author uses the words, ideas, and/or phrasing of another author (either directly or in paraphrase) without proper attribution. Cutting and pasting sentences, paragraphs, or entire articles written by someone else into your essay and then submitting it as your own is the obvious example. However, academic fraud is broader than this. For example, if you use the words of another author but fail to put quotation marks around them, that's plagiarism. Or if you put quotation marks around them but fail to provide a citation, that's plagiarism too. Using the notes or class materials of another student in the completion of an exam or other assignment (whether it's an in-class or take-home exam), is cheating. If you provide your notes/class materials to another student who then uses them to complete an assignment, that could be defined as cheating too.

In addition, there's a difference between collaboration and collusion. Collaboration involves things like talking, thinking, or brainstorming with your fellow students and is generally encouraged. Collusion occurs when that collaboration results in the submission of identical or substantially similar work by two or more students and is always frowned upon. There is a difference between careless academic practice and the outright intent to deceive, and sanctions for such offenses can be modulated depending on the professor's view of the seriousness of the offense. The point is that you need to be triple-extra sure about what sorts of collaboration are permitted by your instructors and which aren't. Do not assume anything! Just because a certain kind of collaboration has not been expressly prohibited by an instructor does not mean it's permitted. Just because some professors permit collaboration does not mean they all do. Any student found guilty of plagiarism or other academic fraud in this class will automatically receive a 0.0 grade for the course. I reserve the right to refer especially serious instances of academic fraud (e.g. an obvious intent to deceive) to the appropriate university authorities and request the more serious sanction of an X/F grade for the course. Please consult with me if you're even slightly unsure of what this all means.

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Disability Support and ADA

Eastern Washington University is committed to providing support for students with disabilities. If you are a student with physical, learning, emotional, or psychological disabilities that are documented and in need of an accommodation, you are encouraged to stop by Disability Support Services (DSS) in TAW 121 or call 509-359-6871.

Equal Opportunity/Affirmative Action

No person shall, on the basis of age, race, religion, color, gender, sexual orientation, gender identity, national origin or disability, be excluded from participation in, or be denied the benefits of, or be subjected to discrimination under any program or activity of Eastern Washington University. Eastern Washington University adheres to affirmative action policies to promote diversity and equal opportunity for all faculty and students.

Student Conduct

Students are subject to the University's Student Conduct Code, which has been promulgated as a chapter in the Washington Administrative Code (WAC) at Ch. 172-120. This code protects the interests of the University in providing an atmosphere supportive of student learning. In this class, students are expected to treat other individuals with respect and to engage in the learning activities assigned. Distractive, disruptive, irrelevant or inappropriate behavior will not be tolerated.

Time Commitment

As per the guidelines for Eastern Washington University, for each credit hour spent in a lecture-discussion setting in the classroom, per week, requires 2-hours of outside preparation time. This is a 3 credit-hour class, and you can expect to put in up to 6-hours per week outside of the classroom on the preparation, reading, and project assignments.

Withdrawal/Incomplete

If it becomes necessary for you to withdraw from the course, it is your responsibility

to do so. To receive an incomplete (X), a student \underline{must} be passing the course when a verifiable documented emergency occurs after the last withdrawal date.

Syllabus Disclaimer

This syllabus has been created as a guide to the class and is as accurate as possible. However, all information is subject to be modified as class needs change. Any changes will be posted and documented on the Canvas Announcement page.

Weekly Schedule

<u>Date</u>	Topic & Readings			
Week 1				
Monday	Introductions			
Wednesday	Syllabus & Canvas			
Thursday	The Meanings of Leisure – Chapter 1			
Week 2	·			
Monday	The Value of Having Fun – Chapter 2			
Wednesday	Explaining Leisure Behavior – Chapter 3			
Thursday	Leisure and Well-Being – Chapter 4			
Week 3				
Monday	Review Day			
Wednesday	Exam 1			
Thursday	Presentations			
Week 4				
Monday	Presentations			
Wednesday	Presentations			
Thursday	Presentations			
Week 5				
Monday	Guest Speaker			
Wednesday	Guest Speaker			
Thursday	Guest Speaker – Dr. Emily Messina			
Week 6				
Monday	Leisure's Anthropology – Chapter 5			
Wednesday	Leisure's Geography – Chapter 6			
Thursday	Leisure & Technology – Chapter 7			
Week 7				
Monday	Popular Culture – Chapter 8			
Wednesday	Taboo Recreation – Chapter 9			
Thursday	Review Day			
Week 8				
Monday	Exam 2			
Wednesday	Guest Speaker			
Thursday	Flex Day			
Week 9				
Monday	Memorial Day (No class)			
Wednesday	Guest Speaker			
Thursday	Presentations			
Week 10				
Monday	Presentations			
Wednesday	Presentations			
Thursday	Presentations			
Finals Week	Presentations/Final Assignment Due			